

Nit and Head Lice Procedures

Exclusion

Principal or designee excludes the student using the attached letter (Appendix C) stating a student has been found with live lice. Students with nits will not be excluded, but a letter will be sent home (Appendix D).

Readmission

1. Return of the signed statement certifying treatment.
2. Checked by staff and determined to be lice free.
3. Will be rechecked for live lice by staff weekly for two weeks.

**Lincoln County School District
Lice Treatment Letter
Appendix C**

Date: _____

Dear Parent/Guardian:

Your child, _____, was found to have live head lice today. Please follow the directions below for treatment, then sign the statement at the bottom of the form, and bring the statement to school with your child tomorrow. Your child will be checked to make sure he/she is lice free, before being allowed to return to class. The district no longer excludes for nits, though it is expected that you will continue to work on combing out nits.

Head Lice Treatment Directions

- § Check all household members for head lice.
- § For all members with live lice, wash hair with a perfume-free shampoo; towel dry.
- § Apply head lice shampoo per package instructions. Pesticide-free shampoos are available at most stores. Avoid shampoos with lindane, such as Kwell.
- § Comb hair thoroughly with a clean comb or brush.
- § Remove nits and lice with a nit comb, fingernails or tweezers. Sit in a well-lit area and section hair.
- § Go through each section carefully and clean the comb after each sweep. Dispose of nits and dead lice in a plastic bag.
- § Wash and dry recently worn clothing, hair ties, soft toys and bedding on the hot setting.
- § Clothing, pillows or toys that can't be washed can be bagged in plastic for 2 weeks, dry cleaned or put in the freezer for 48 hours to kill lice.
- § Vacuum carpets, floors, mattresses, furniture and the car daily for a week. Vacuuming is the safest way to remove lice. Do not use lice sprays!
- § Wash combs, brushes and hair ornaments in hot soapy water or soak in alcohol or a diluted bleach solution.
- § Check affected head daily, shampoo daily for two weeks and comb, comb, comb out those nits.
- § If necessary, repeat lice shampoo after seven days.

Cut on this line, and bring signed statement to school with your child.

_____ was treated on _____
(Child's name) (Date)

with _____. Lice treatment directions have been followed.
(Name of head lice shampoo)

Parent or Guardian Signature _____

**Lincoln County School District
Nit Notification Letter
Appendix D**

Date: _____

Dear Parent or Guardian:

Today your child was found to have nits in his/her hair. Lincoln County School District no longer excludes children with nits only; however, we strongly urge you to remove the nits **tonight** by combing with a fine-toothed comb.

Please check other family members and if live lice are found, shampoo with a lice shampoo. Nits and lice can be more easily removed if you put white hair conditioner on your child's hair, comb tangles out with a regular comb, and then comb with a nit comb such as LiceMeister. Dispose of combed nits and/or lice in a plastic bag in an outdoor garbage can.

Your child is expected to be in school tomorrow. If you need additional information, please contact your school health assistant or the LCSD Nurse.